ST. LOUIS TRUST
& Family Office

John Jennings Remains Active; Participates in Recent Podcast and Webinar

John Jennings, President & Chief Strategist

John M. Jennings, Chief Strategist and President at St. Louis Trust & Family Office was a guest on Season 2 of the *Take the Long View* podcast with Matt Hall.

Matt Hall leads the investment advisory firm Hill Investment Group and hosts the *Take the Long View* podcast. In John's episode, he discusses the IFOD (his blog), being vegan and investing, specifically investing in the face of the COVD-19 pandemic.

Additionally, John was a presenter on the March 31, 2020 BrightTALK webinar titled *The Economic Impacts of the Coronavirus*. BrightTALK is a technology media company that provides professional webinar hosting for a variety of industries.

John, along with four other presenters, shared ideas to help investors better understand the context of the pandemic and how to prepare their portfolios correctly. They discussed topics ranging from stock market dynamics to the energy & hospitality industries to how to be investing alongside headline risk.

Links to the podcast episode and webinar:
Take the Long View, Season 2, Episode 2
The Economic Impacts of the Coronavirus, March 31, 2020